





Subvented by

Lawn Bowls Training Programme 2025-2026

(Series 77)



1.	Objectives	:	The Training Programme utilizes a systematic approach to cultivate the bowling knowledge to the participants. The ratio between coach and participants is 1:8.	
2.	Classes	:	Classes available in 3 levels: Beginners, Intermediate and Advanced. Any organization that has 8 participants may request Private Group Class. 2 hours per lesson, totally 8 lessons per class.	
3.	Eligibility	:	Age 8 - 17 years - Youth Class Age 18 years or above - Adult Class Age 8 years or above - Family Class Participants aged 18 or above can participate in the same level of training class once. If there are vacancies after the registration deadline and the class has not yet reached its maximum capacity, applications for a second participation will be accepted.	
4.	Quota	:	Maximum 8 person per class	
5.	Entry fee	:	HK\$100 (Youth Beginners and Intermediate course) HK\$150 (Adult and Family Beginners course) HK\$200 (Adult and Family Intermediate course / Adult Advanced course)	
6.	Enrollment	:	Please submit the completed entry form and cheque with a self-addressed HK\$2.2 stamped envelope to the LBA office by person or by post (No stamped envelope is attached if the e-mail address is provided), the details are as follows: Cheque made payable to the "Lawn Bowls Association of Hong Kong, China" Lawn Bowls Association of Hong Kong, China Room 2010, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong. Registration time: Monday to Friday (excluding public holidays) 9:30am-12:30nn 2:30pm-5:30pm Do not send cash by post. Entry may not be accepted if any information is missing or unclear.	

			ENROLLMENT DATE: 3-Feb-2025 at 9:30am. Each applicant can only submit a maximum of three application forms each time. (Application in advance will not be processed.) On a first come first served basis. The mailing entry form is subject to the postmark date on / after 3-Feb-2025.
			Please note that registration forms received by mail will be processed after 3:00 pm every day starting from Feb 3. Registration forms received are mixed and processed in random order.
7.	Payment method	:	If you are unable to submit a cheque, you can choose to pay the entry fee via
			FPS after receiving the admission notification. (Please refer to #8, the
			notification for admission)
8.	Notification for Admission	:	Successful participants:
			The successful participants will receive an email notification from LBA 2 weeks
			before the commencement of the class. The entry fee must be paid via FPS
			within 3 days after LBA issued the admission notification.
			Please clearly note your name and course code when transferring the entry fee, and record a screenshot of the payment. Return the screenshot via WhatsApp. (If you have already submitted a cheque, please ignore it.)
			Once the application is confirmed, no refund or class transfer is permitted.
			Participants who were not admitted: LBA will notify participants who have not been admitted via WhatsApp. Please note that if the participant fails to attach a self-addressed envelope or attaches a self-addressed envelope with insufficient postage, the cheque will be destroyed without further notice.
			Participants may contact LBA if they do not receive any notification one week before the commencement of the class.
9.	Class notification	:	Successful candidates who have paid the registration fee on time will receive a
			class notification email from LBA before the commencement of the class.
10.	Closing Date	:	5 weeks prior to the commencement of the class (on a first come first served basis)
11.	Enquiry	:	2504 8251 Website : www.bowls.org.hk
12.	Next Training Programme Schedule	:	Series 78Course Dates: October 2025 – March 2026 Enrollment Date 4-Aug-2025 at 9:30am (on a first come first served basis)
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Training Time table (Please keep this page for reference)

Course Code	Level	Location	Date	Week	Time	Enrollment Deadline
BA-18	Adult beginners ' class	IE	1/4/2025-20/5/2025	Tue	10am-12nn	25/2/2025
BA-19	Adult beginners ' class	IE	1/4/2025-20/5/2025	Tue	2pm-4pm	25/2/2025
BA-20	Adult beginners ' class	IE	1/4/2025-20/5/2025	Tue	4pm-6pm	25/2/2025
BA-21	Adult beginners ' class	IE	1/4/2025-20/5/2025	Tue	7m-9pm	25/2/2025
BA-22	Adult beginners ' class	TCS	1/4/2025-20/5/2025	Tue	10am-12nn	25/2/2025
BA-23	Adult beginners ' class	YCK	1/4/2025-20/5/2025	Tue	2pm-4pm	25/2/2025
BA-24	Adult beginners ' class	TCS	7/4/2025-9/6/2025	Mon	8pm-10pm	3/3/2025
BA-25	Adult beginners ' class	YCK	7/4/2025-9/6/2025	Mon	2pm-4pm	3/3/2025
BA-26	Adult beginners ' class	KT	7/4/2025-9/6/2025	Mon	9am-11am	3/3/2025
BA-28	Adult beginners ' class	KT	7/4/2025-9/6/2025	Mon	5pm-7pm	3/3/2025
BA-29	Adult beginners ' class	VP	7/4/2025-9/6/2025	Mon	9am-11am	3/3/2025
BA-30	Adult beginners ' class	KT	8/4/2025-27/5/2025	Tue	10am-12nn	4/3/2025
BA-31	Adult beginners ' class	VP	8/4/2025-27/5/2025	Tue	9am-11am	4/3/2025
BA-32	Adult beginners ' class	YCK	8/4/2025-27/5/2025	Tue	9am-11am	4/3/2025
BA-33	Adult beginners ' class	VP	8/4/2025-27/5/2025	Tue	7pm-9pm	4/3/2025
BA-34	Adult beginners ' class	VP	10/4/2025-5/6/2025	Thu	9am-11am	6/3/2025
BA-35	Adult beginners ' class	TCS	10/4/2025-10/7/2025	Thu	10am-12nn	6/3/2025
BA-36	Adult beginners ' class	YCK	10/4/2025-5/6/2025	Thu	7pm-9pm	6/3/2025
BA-38	Adult beginners ' class	KT	11/4/2025-6/6/2025	Fri	9am-11am	7/3/2025
BA-39	Adult beginners ' class	YCK	11/4/2025-6/6/2025	Fri	2pm-4pm	7/3/2025
BA-40	Adult beginners ' class	VP	11/4/2025-6/6/2025	Fri	9am-11am	7/3/2025
BA-41	Adult beginners ' class	IE	11/4/2025-6/6/2025	Fri	10am-12nn	7/3/2025
BA-42	Adult beginners ' class	IE	11/4/2025-6/6/2025	Fri	2pm-4pm	7/3/2025
BA-44	Adult beginners ' class	IE	14/4/2025-16/6/2025	Mon	10am-12nn	10/3/2025
BA-46	Adult beginners ' class	IE	14/4/2025-16/6/2025	Mon	4pm-6pm	10/3/2025
BA-47	Adult beginners ' class	KT	14/4/2025-16/6/2025	Mon	7pm-9pm	10/3/2025
BA-48	Adult beginners ' class	TP	15/4/2025-3/6/2025	Tue	10am-12nn	11/3/2025
BA-49	Adult beginners ' class	KT	24/4/2025-19/6/2025	Thu	7pm-9pm	20/3/2025
BA-50	Adult beginners ' class	KT	25/4/2025-13/6/2025	Fri	7pm-9pm	21/3/2025
BA-52	Adult beginners ' class	YCK	21/5/2025-9/7/2025	Wed	10am-12nn	16/4/2025
BA-54	Adult beginners ' class	VP	21/5/2025-9/7/2025	Wed	9am- 11am	16/4/2025
BA-57	Adult beginners ' class	TCS	3/6/2025-29/7/2025	Tue	10am-12nn	29/4/2025
BA-59	Adult beginners ' class	ALC	9/7/2025-27/8/2025	Wed	9am-11am	4/6/2025
BA-61	Adult beginners ' class	TCS	6/6/2025-25/7/2025	Fri	10am-12nn	2/5/2025
BA-64	Adult beginners ' class	YCK	6/6/2025-25/7/2025	Fri	10am-12nn	2/5/2025
BA-67	Adult beginners ' class	VP	13/6/2025-1/8/2025	Fri	7pm-9pm	9/5/2025
BA-69	Adult beginners ' class	VP	24/6/2025-19/8/2025	Tue	8pm-10pm	20/5/2025
BA-70	Adult beginners ' class	ALC	5/7/2025-23/8/2025	Sat	8am-10am	31/5/2025

Course Code	Level	Location	Date	Week	Time	Enrollment Deadline
BA-71	Adult beginners ' class	ALC	7/7/2025-25/8/2025	Mon	8pm-10pm	2/6/2025
BA-72	Adult beginners ' class	ALC	6/8/2025-24/9/2025	Wed	9am-11am	2/7/2025
BA-73	Adult beginners ' class	VP	8/8/2025-26/9/2025	Fri	9am-11am	4/7/2025
BA-74	Adult beginners ' class	VP	15/8/2025-3/10/2025	Fri	5pm-7pm	11/7/2025
BA-75	Adult beginners ' class	VP	16/8/2025-4/10/2025	Sat	8am-10am	12/7/2025
BA-76	Adult beginners '	VP	1/9/2025-20/10/2025	Mon	5pm-7pm	28/7/2025
BA-77	Adult beginners '	VP	4/9/2025-23/10/2025	Thu	10am-12nn	31/7/2025
BA-78	Adult beginners '	ALC	6/9/2025-25/10/2025	Sat	8am-10am	2/8/2025
BP-80	Family class	IE	12/4/2025-14/6/2025	Sat	1pm-3pm	8/3/2025
BP-81	Family class	ALC	5/7/2025-23/8/2025	Sat	10am-12nn	31/5/2025
BP-82	Family class	KT	11/5/2025-29/6/2025	Sun	9am-11am	6/4/2025
BY-1	Youth beginners ' class	VP	1/4/2025-20/5/2025	Tue	5pm-7pm	25/2/2025
BY-11	Youth beginners ' class	VP	21/6/2025-9/8/2025	Sat	8am-10am	17/5/2025
BY-12	Youth beginners ' class	TCS	5/7/2025-23/8/2025	Sat	7pm-9pm	31/5/2025
BY-13	Youth beginners ' class	VP	14/7/2025-6/8/2025	Mon/Wed	9am-11am	9/6/2025
BY-14	Youth beginners ' class	KT	14/7/2025-6/8/2025	Mon/Wed	10am-12nn	9/6/2025
BY-15	Youth beginners ' class	TCS	14/7/2025-6/8/2025	Mon/Wed	4pm-6pm	9/6/2025
BY-16	Youth beginners ' class	VP	15/7/2025-7/8/2025	Tue/Thu	5pm-7pm	10/6/2025
BY-17	Youth beginners '	TCS	15/7/2025-7/8/2025	Tue/Thu	2pm-4pm	10/6/2025
BY-2	Youth beginners '	YCK	7/4/2025-9/6/2025	Mon	5pm-7pm	3/3/2025
BY-3	Youth beginners '	VP	12/4/2025-14/6/2025	Sat	8am-10am	8/3/2025
BY-4	Youth beginners '	IE	12/4/2025-14/6/2025	Sat	8am-10am	8/3/2025
BY-5	Youth beginners '	IE	13/4/2025-1/6/2025	Sun	8am-10am	9/3/2025
BY-6	Youth beginners '	KT	25/4/2025-13/6/2025	Fri	5pm-7pm	21/3/2025
BY-7	Youth beginners '	KT	26/4/2025-28/6/2025	Sat	8am-10am	22/3/2025
BY-9	Youth beginners '	ALC	9/7/2025-27/8/2025	Wed	5pm-7pm	4/6/2025
IA-100	Adult intermediate class	VP	6/6/2025-25/7/2025	Fri	5pm-7pm	2/5/2025
IA-101	Adult intermediate class	ALC	8/7/2025-26/8/2025	Tue	11am-1pm	3/6/2025
IA-104	Adult intermediate class	YCK	7/7/2025-25/8/2025	Mon	10am-12nn	2/6/2025
IA-107	Adult intermediate class	VP	5/8/2025-23/9/2025	Tue	10am-12nn	1/7/2025
IA-110	Adult intermediate class	VP	4/9/2025-23/10/2025	Thu	7pm-9pm	31/7/2025
IA-87	Adult intermediate class	YCK	7/4/2025-9/6/2025	Mon	10am-12nn	3/3/2025
IA-89	Adult intermediate class	KT	10/4/2025-5/6/2025	Thu	9am-11am	6/3/2025
IA-90	Adult intermediate class	IE	10/4/2025-5/6/2025	Thu	10am-12nn	6/3/2025
IA-91	Adult intermediate class	IE	10/4/2025-5/6/2025	Thu	2pm-4pm	6/3/2025
IA-92	Adult intermediate class Adult intermediate	TCS	10/4/2025-5/6/2025	Thu	7pm-9pm	6/3/2025
IA-94	class Adult intermediate	TKO	12/5/2025-30/6/2025	Mon	9am-11am	7/4/2025
IA-95	class Adult intermediate	TCS	21/5/2025-9/7/2025	Wed	10am-12nn	16/4/2025
IA-96	class Adult intermediate	TKO	26/5/2025-21/7/2025	Mon	4pm-6pm	21/4/2025
IA-98 AA-112	class Adult advanced class	YCK TCS	27/5/2025-22/7/2025	Tue	8pm-10pm	22/4/2025
AA-112 AA-114	Adult advanced class Adult advanced class	KT	8/4/2025-27/5/2025 8/4/2025-27/5/2025	Tue Tue	7pm-9pm 7pm-9pm	4/3/2025 4/3/2025
AA-114 AA-115	Adult advanced class Adult advanced class	IE	11/4/2025-6/6/2025	Fri	4pm-6pm	7/3/2025
AA-117	Adult advanced class	VP	8/8/2025-26/9/2025	Fri	8pm-10pm	4/7/2025

		Venue addresses and telephone numbers	
КТ	Kai Tak Station Square Bowling Green	20 Muk On Street, Kowloon City (Kai Tak MTR Station Exit D)Tel: 2709 6322	
ALC	Ap Lei Chau Sports Centre Indoor Bowling Green	No.8 Hung Shing Street, Ap Lei Chau, H.K. (Near Ap Lei Chau Main Street) Tel: 2554 0832	
IE	Island East Sports Centre Indoor Bowling Green	52 Lei King Road, Sai Wan Ho, H.K. Tel: 2151 4070	
TP	Tai Po Waterfront Park Bowling Green	Tai Po Waterfront Park, Dai Fat Street, Tai Po, N.T. (Near Tai Po Industrial Estate) Tel: 2667 5489	
ҮСК	Yuen Chau Kok Sports Centre Indoor Bowling Green	35 Ngan Shing Street, Sha Tin (Nearby City One MTR Station on the Ma On Shan Line) Tel: 2509 9108	
тко	Hang Hau Man Kuk Lane Park Bowling Green	Hang Hau Man Kuk Lane Park Bowling Green (Hang Hau MTR station Exit B2) Tel: 3403 9367	
VP	Victoria Park Bowling Green	Victoria Park, Causeway Road, HK (MTR Tin Hau Exit A2). Tel : 2570 6186	
TCS	Tung Cheong Street Sports Centre Indoor Bowling Green	25 Tung Cheong Street, Tai Po Tel: 2691 2055	

Note: All participants should wear proper sports attire and $\frac{\text{must}}{\text{must}}$ wear smooth-soled heelless footwear while playing on the green.



Please complete this form in Block Letters and make photocopy if necessary





Subvented by

Lawn Bowls Training Programme 2025-2026 (Series 77) Application Form

Name: (Chinese)_		_(English)	
Gender:	Date of Birth: _	(dd/mm/yyyy)	Age:
HKID No.:		(Prefix and first 4 digits only)	
Contact Number (\	_ WhatsApp):		
	(Please provide Wha	atsApp Number or relative's WhatsApp N	umber for)
E-mail Address:			
(PI	ease provide the e-mail ad	ddress or relative's e-mail address for cor	respondence)
In case of an eme	rgency involving me, p	olease contact	(Name of
Emergency Conta	ct Person) on	(Tel. No.).	
*I intend to take	e part in the follow	ing class	
In order to facilitate yo	our enrollment, please spe	cify the lawn bowls training course you ha	ave taken in the past:
Course Code	& Course Name	The Organiser or The Institution	Training Dates
1.			Month Year
2.			Month Year
Declaration For entrants aged	helow 18 years old, th	is part must be completed by his/h	er narent or quardian
I declare that above activity. Lawn E not be liable for any ir	(entrangle) Bowls Association of Hong	ant's name) is healthy, physically fit, and g Kong, China and the Leisure and Cultu articipant may suffer in this activity, if the	d suitable to participate in the iral Services Department shall
Name of Parent/Gua	ardian:	Signature of Parent/Guardia	an:
Contact Tel. No.:		Date:	
		e, this part must be completed by t	he entrant himself/herself.
Hong Kong, China a	nd the Leisure and Cultura	suitable to participate in the above activi al Services Department shall not be liable or death is due to my negligence or inade	for any injury or death which I
Signature of Entrant	t:	Date:	

The information provided will be used for the enrolment and promotion of events organized by LBA only. You may contact LBA office for any amendment or enquiries.